

Plenary Speakers

Bryan Stirling

Bryan Stirling was appointed as the Director of the SC Department of Corrections (SCDC) by Governor Nikki Haley. Director Stirling has been working to improve conditions for mentally ill inmates in the South Carolina correctional system.



Daniel Westbrook

Daniel Westbrook is a partner in the Columbia office of Nelson Mullins, where he practices in the areas of healthcare law and business litigation. Westbrook was involved with the SC lawsuit to improve conditions for mentally ill SC inmates.



Stuart Andrews

Stuart Andrews is a partner of Nelson Mullins Riley & Scarborough LLP. He practices in Columbia where he leads the Firm's South Carolina Healthcare Group. He was also involved with the SC lawsuit to improve conditions for mentally ill inmates.



Joy Jay

Joy Jay is the Director of the Mental Health America of South Carolina. She has worked with the SC Department of Mental Health, the SC Mental Health Partnership, and the SC Housing Authority. She has initiated MHASC's educational programs and expanded services.



Meera Narasimhan, MD, DFAPA

Meera Narasimhan, MD is the Associate Provost for Health Sciences at the University of SC and also serves as Professor and Chair in the Department of Neuropsychiatry and Behavioral Sciences at the University of SC School of Medicine.



Representative Mike Burns

Mike Burns is the SC District 17 House Representative. Representative Burns is also a board member for Taylors Free Medical Clinic and the Davis Lar Children's Fund. He is also a member of the Greater Travelers Rest Chamber of Commerce.



Representative Jeff Bradley

Jeff Bradley is the SC District 123 House Representative. Representative Bradley is the chairman of Know 2 in Beaufort County. He is also the founder of GED Camp Hilton Head, and a member of Technical College of the Low Country Foundation.



Deborah Blalock

Deborah Blalock is part of the SC Department of Mental Health, and is the Executive Director of the Charleston/Dorchester Mental Health Center. She has extensive training in crisis negotiation, crisis intervention, and critical incident management.



Session Speakers

Carla Damron

Carla is a licensed independent social worker with 30 years experience as a mental health clinician and administrator.

Frank Knapp

Serves on numerous organizations and boards that focus on sustaining SC small businesses, healthcare, taxation, regulation & training.

Paton Blough

Is a mental health advocate and speaker, and founder of Rehinge. He has worked to increase CIT training in SC law enforcement.

Veronica Morris & Hestia

Morris has been using service dogs since 2005. She has trained both of her service dogs herself, and is currently training Hestia as well.

Kate Palmer

Enjoyed a career as a syndicated cartoonist for the Greenville News, until she began writing childrens' picture books in the late 80's.

Tom Mayne

Works with individuals on Social Security, SSI, & SSDI options.

Teresa Arnold

State director for AARAP SC. She has initiated grassroots campaigns to increase home and community-based services for the elderly.

J. Christopher Caston

Is currently an assistant professor in the Department of Psychiatry at the Edward Via College of Osteopathic Medicine Department

Bob Walkup

Has worked as a pastor for 35 years—living in 10 countries. He's authored two books, and enjoys teaching about his bipolar disorder.

CJ O'Lenick

Leads NAMI Connection groups and is trained in Wellness Recovery Action Plan as a peer support specialist in North Carolina.

John H. Magill

Has served as the State Director of SC Department of Mental Health since 2006. He is a clinical professor of Psychiatry at MUSC and USC.

We thank all of our speakers for their participation in the NAMI SC annual conference!

Conference Sponsors



We would like to encourage all of our conference participants to take the time to visit our exhibitors between 8:30 - 9:00am on Saturday, and between breakout sessions.

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2016 NAMI SC

State Mental Health Conference



Fri. August 19 - Sat. August 20, 2016
Leaside Columbia &
The Marriott in Columbia, SC



NAMI South Carolina
NAMI South Carolina
PO BOX 1267
Columbia, SC 29202



NAMI South Carolina
National Alliance on Mental Illness

August 19 - August 20, 2016

Friday, August 19th

Leaside Columbia - 100 East Exchange Place, Columbia, SC 29209

- **3:00 - 5:30pm** - NAMI SC Board Meeting
- **5:30 - 7:00pm** - Reception
- Hors d'oeuvres & Cash Bar
- **7:00 - 9:00pm** - Awards Ceremony & Auction
- **9:00 - 10:00pm** - Coffee, Desserts & Networking

Saturday, August 20th

Marriott Hotel - 1200 Hampton St, Columbia, SC 29201

- **8:00 - 9:00am** - Consumer Council Meeting
- Room Carolina F
- **9:00 - 9:30am** - Welcome & Business Meeting
- Bill Lindsey, Dr. Hayes & John Magill - Room Carolina A-D

9:30 - 10:45am - Opening Plenary Session

Going Forward For The Mentally Ill at the Department of Corrections: Remedial Plans Following Judge Baxley's Decision

Panel Discussion - Room Carolina A-D

This is a panel discussion with the Director of the SC Dept. of Corrections, **Bryan Stirling**, Attorneys **Dan Westbrook** and **Stewart Andrews** who represented P&A from Nelson - Mullins, and Guardian Ad Litem **Joy Jay**, Director of MHA, who conducted interviews. This discussion will focus on next steps in correcting the horrific treatment of the mentally ill in SCDC brought forth in the suit.

10:45am - 12:00pm - Breakout Session 1

Medicaid Expansion

Carla Damron, Director NASW-SC
Frank Knapp, President & CEO SC Small Business Chamber of Commerce

Teresa Arnold, Director of AARP
Bill Lindsey, Director of NAMI SC - Room Carolina E
A panel discussion on the need for Medicaid Expansion in South Carolina.

SSI, SSDI, & the Able Act, **Tom Mayne** - Room Carolina F
Q&A session on the Social Security disability applications SSI and SSDI and the Able Act.

Employment, **CJ O'Lenick** - Room Carolina H
CJ has earned a PhD in Engineering; he leads NAMI Connection groups, and is trained in the Wellness Recovery Action Plan and as a Peer Support Specialist in North Carolina. CJ works to help others with mental health issues become more involved in socialization. He has a firm grasp of current employment issues facing consumers in recovery and is motivated to help others, like himself, hit their highest potential.

The Little Chairs, **Kate Salley Palmer** - Room Carolina H
Kate Salley Palmer has authored and illustrated 16 books mainly for children. She will talk about her book "The Little Chairs" which addresses a family member's depression. Ms. Palmer was the first full time woman editorial cartoonist in SC. She worked for the Greenville News.

12:00 - 1:45pm - Lunch Plenary Session

Brain Tissue and the Brain Bank in South Carolina

Meera Narasimhan, MD, DFAPA Associate Provost Health Sciences University of South Carolina & Professor and Chair, Department of Neuropsychiatry & Behavioral Science University of South Carolina of Medicine
Representative Mike Burns, Taylors, SC
Representative Jeff Bradley, Hilton Head, SC - Room Carolina A-D

These three presenters will bring to light the need for brain tissue donation, the legislation of the recent legislative session, and the incubator of economic and healthcare growth that South Carolina will receive in expanding the Carol Campbell Brain Bank at MUSC. Brain tissue study holds the key not only to mental illnesses, but all diseases of the brain including Alzheimer's, Parkinson's, Lewy Body, ALS, Dementia, and many others.

1:45 - 3:00pm - Breakout Session 2

Central Nervous System Genotype Analysis and Its Clinical Role

J. Christopher Caston, M.D. Psychiatrist - Room Carolina E
Dr. Caston has practiced psychiatry for 40 years, however, 3 years ago he changed his method of treatment with extraordinary results. He will discuss this treatment. He will discuss his approach using enzyme and gene testing and the phenomenal results that he has achieved. This is breakthrough therapy and is occurring right here in South Carolina. Be prepared to change your thinking on the approach to treating difficult mental illnesses.

Psychiatric Service Dog Partners

Veronica Morris, PhD, Bradley W. Morris, MA C.Phil, and Hestia, SDIT (Japanese Chin) - Room Carolina F
Find out how a psychiatric service dog can help with various mental health disabilities. Learn about the challenges involved in training your own psychiatric service dog.

Recovery Story, **Bob Walkup** - Room Carolina G

This break-out session will offer a narrative of my trip from marvelous health to serious illness and back to health again. We'll consider how the long arms of mental illness can reach us regardless of our religious conviction, age, education, gender or race.

The Stone Necklace, **Carla Damron** - Room Capital III

Acclaimed author discusses her most recent book that is filled with people that have issues of mental health. Carla worked for years for the Department of Mental Health and brings her experience to this absolutely wonderful novel. This book was selected for One Columbia as the book for all of Columbia to read this year. Carla has written 3 other books and is currently working on another that is concerned with human trafficking.

Legislation and CIT, **Paton Blough** - Room Carolina G
Paton discusses CIT and the potential for enhancing CIT with legislation.

3:00 - 4:30pm Closing Plenary Session

The Mother Emanuel AME Church Shooting and Healing

Deborah Blalock, Director of Charleston Mental Center - Room Carolina A-D

A presentation about what happened in Charleston at Mother Emanuel AME Church a year ago and what is still happening today. See how Debbie and her staff were entrenched in the fabric of Mother Emanuel AME and the wonderful work that is still taking place to enhance healing.

STATE OF MIND IN SOUTH CAROLINA

2016 NAMI SC

State Mental Health Conference

REGISTRATION FORM

Leaside Columbia - Fri, August 19, 2016
100 East Exchange Place, Columbia, SC 29209

Marriott Hotel - Saturday, August 20, 2016
1200 Hampton St, Columbia, SC 29201

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- \$45** Registration for Current NAMI SC Members & Professionals
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- Friday Saturday Both

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For hotel room reservations, Call Marriott Hotel Columbia, 1200 Hampton St, Columbia, SC 29201. Phone: **803.771.7000**. Marriott Hotels are offering a special group rate for NAMI SC attendees for \$99 per night.